

30 min(s) to complete

University of Reading

Would you like free online nutrition advice to improve your diet?

Prize draw (Amazon vouchers)

The EatWellUK study is testing an easy-to-use web app developed by nutritionists that provides reliable advice on how you can eat more healthily to reduce your risk of heart disease and diabetes.

Online Questionnaire

Eligible UK participants will use the web app to answer a food & drink questionnaire and receive their healthy eating advice. After 12 weeks, this process is repeated. Participants

Online

Find out more online

Poster printed on 02/05/2024 Study expires on 22/09/2019

## More info

by scanning the QR code or visiting the URL

## www.cfp.cc/0BLM43

cfp.cc/OBLM43
cfp.cc/OBLM43
cfp.cc/OBLM43
cfp.cc/OBLM43
cfp.cc/OBLM43
cfp.cc/OBLM43
cfp.cc/OBLM43
cfp.cc/OBLM43
cfp.cc/OBLM43
cfp.cc/OBLM43