

30 min(s) to complete
Sincere Gratitude

University of Gloucestershire

This research is looking at the working population, as within employment, people are encouraged to develop personal development plans. Part of the process for developing such plans involves, for example, reviewing your performance, the identification of your strengths and areas of development. This can be made easier by being self-aware. This research is an investigation in to the potential elements that influences a person's self-awareness.

Online

**Online Questionnaire** 

Find out more online
Poster printed on 20/04/2024 Study expires on 06/11/2019

## More info by scanning the QR code or visiting the URL

## www.cfp.cc/OND7R3

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