

# Call For Participants



The relationship between  
emotion and snacking

7 day(s) to complete

Sincere Gratitude

Online Questionnaire, daily diary

Online

University of Aberdeen

How does our daily levels of stress and happiness affect our snacking habits? I am currently studying my Masters in Health Psychology at the University of Aberdeen and I am looking for participants over the age of 18 who are willing to fill in 3 baseline questionnaires and to commit to a daily diary for 7 consecutive days. If interested, or if you would like more information, please contact me, Deborah Newton, on email provided.

Find out more online

Poster printed on 26/04/2024    Study expires on 30/06/2019

## More info

by scanning the QR code  
or visiting the URL

# www.cfp.cc/107EK3

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