

Call For Participants



Coping, personality, emotion regulation, and rumination

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Online Questionnaire

Online

University of Nottingham

This study examine how people cope with their upsetting feelings, which focuses on individual differences like personality, impulsivity, rumination, mindfulness, and emotional regulation as possible influences on deliberate self-harm (DSH).

The aim of this research is to examine the characteristics and risk factors for DSH, and to analyse possible associations and differences between psychological models of DSH for the UK and Thailand.

Find out more online

Poster printed on 05/05/2024 Study expires on 31/07/2017

More info
by scanning the QR code
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