

Out for Part 1a



Nutrition Status of People with Low-Carb Diet Compared to Normal Carb Diet



1 hour(s) to complete

£10 shopping voucher for each visit

Questionnaire and small sample of blood and urine

Glasgow Royal Infirmary, 8-16 Alexandra Parade, Glasgow G31 2ER, UK

University of Glasgow

We're investigating how LOW-CARB diets affect our body (body composition, nutritional status, heart disease risk) in people following a LOW-CARB diet for at least 1 month. Also we're looking for volunteers who eat normal carb diet as to be a control group in comparison to low-carb diet group.

Any low-carb diets are welcome! - Atkins, Paleo, Ketogenic, Gluten-free, etc.

If you have followed either a Low-Carb

Find out more online

Poster printed on 17/09/2025 Study expires on 04/09/2020

More info
by scanning the QR code
or visiting the URL

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