

Call For Participants



Skeletal Muscle Responses to Nutrition in Older Men

6 hour(s) to complete

Following the completion of the study you will receive information regarding your muscle...

Experiment

Ashby Rd, Loughborough LE11 3AD, UK

Loughborough University

Ageing is associated with a progressive loss of muscle size which is called sarcopenia. The ability of the muscle to remodel and grow in response to high protein foods is reduced in older people, and this contributes to the development of sarcopenia. However, the precise reasons for this blunted response to nutrition is not fully understood. This study will further explore the reasons for the reduced muscle responses to food in older men.

Find out more online

Poster printed on 29/03/2024 Study expires on 02/12/2019

More info

by scanning the QR code
or visiting the URL

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