

Call For Participants



Achieve Your Health Goals by
Becoming Your 'Best Possible
Self'



10 min(s) to complete

Sincere Gratitude

Online Questionnaire

Online

Liverpool John Moores University

Are you interested in receiving a free
lifestyle intervention?

The aim of this study is to assess whether a
tailored 'best possible self' (BPS)
intervention influences early diabetes
symptoms over a 4 week period. We will
also be investigating the effect that stress
and resilience may have on this relationship.

Find out more online

Poster printed on 02/05/2024 Study expires on 31/12/2018

More info
by scanning the QR code
or visiting the URL

www.cfp.cc/363RW3

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