

15 min(s) to complete

Sincere Gratitude

Online Questionnaire

Online

University of East London

The aim of this research is to identify if there is a dominant risk type for mental health workers, and if there is a link between this and resilience. In addition, the research will explore whether a mediating factor exists. This is in the hope that appropriate interventions could be developed to assist in increasing the resilience in this group, in turn decreasing absenteeism, stress-related illnesses and burnout, while increasing workplace wellbeing, engagement and potentially recruitment.

Find out more online

Poster printed on 29/03/2024 Study expires on 16/07/2018

More info by scanning the QR code

or visiting the URL

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