

# Call For Participants



## Effect of Menstrual Cycle Phase on Post-Exercise Iron and Hepcidin Response



17 hour(s) to complete



Sincere Gratitude



Experiment



Ashby Rd, Loughborough LE11 3AD, UK

Loughborough University

We are investigating whether responses to exercise change over the female menstrual cycle, specifically looking at iron status, hepcidin (an iron regulator hormone) and markers of inflammation.

If you're interested in taking part, you will be invited to complete 4 laboratory visits in total, including 2 main exercise trial visit days where blood samples will be collected.

We can provide you information about your exercise level and guidance on your

Find out more online

Poster printed on 14/08/2020 Study expires on 01/12/2019

## More info

by scanning the QR code  
or visiting the URL

# [www.cfp.cc/3P3393](http://www.cfp.cc/3P3393)

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