

Call For Participants



Effect of Menstrual Cycle Phase on Post-Exercise Iron and Hepcidin Response

17 hour(s) to complete

Sincere Gratitude

Experiment

Ashby Rd, Loughborough LE11 3AD, UK

Loughborough University

We are investigating whether responses to exercise change over the female menstrual cycle, specifically looking at iron status, hepcidin (an iron regulator hormone) and markers of inflammation.

If you're interested in taking part, you will be invited to complete 4 laboratory visits in total, including 2 main exercise trial visit days where blood samples will be collected.

We can provide you information about your exercise level and guidance on your

Find out more online

Poster printed on 26/04/2024 Study expires on 01/12/2019

More info
by scanning the QR code
or visiting the URL

www.cfp.cc/3P3393

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