

# Out for Part 1a



Trial of a new online health  
programme



14 week(s) to complete

Free health check, access to an  
online health programme and a  
free pedometer

Clinical trial

Bath, UK

University of Bath

We have developed an online health programme aiming to help people understand more about their health and support them to make healthy changes that are achievable and sustainable. In this study we would like to test the programme with adults aged 35-74, who are carrying some excess weight and live in or near Bath. If this sounds like you and you would like to lose weight, be fitter or reduce your risk of developing diabetes and heart disease, this study could be for you...

Find out more online

Poster printed on 27/04/2024    Study expires on 31/05/2017

## More info

by scanning the QR code  
or visiting the URL

# www.cfp.cc/3SX7Y3

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