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Interview

Online

Roehampton University

This doctoral research study explores how therapy is experienced by people whose backgrounds have been shaped by historical trauma linked to colonialism. It focuses on how individuals make sense of identity, power, and healing within therapeutic relationships. The study is interested in how social, cultural, and historical contexts influence therapeutic experiences.

Eligibility: 18 or over, currently live in the US & attended individual therapy in the past 12

Find out more online

Poster printed on 06/09/2025

More info

by scanning the QR code or visiting the URL

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