

# Call For Participants



## The Development and Impact of Metacognitive Beliefs



30 min(s) to complete

Prize draw to win 1 of 10 Amazon vouchers

Online Questionnaire

Online

University of Manchester

Metacognitive beliefs are beliefs we have about our thoughts. For example, some people might believe that they don't think clearly or believe that they have a poor memory. Research suggests that these kinds of beliefs impact how we feel about events. This study is interested in what influences the development of these beliefs and what impact they have on emotional wellbeing.

There is more information in our video:  
<https://youtu.be/YUrrG5k5ubQ>

Find out more online

Poster printed on 28/03/2024 Study expires on 31/10/2019

## More info

by scanning the QR code  
or visiting the URL

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