

Call For Participants



Mobile phone apps for
depression/anxiety self-care

40 min(s) to complete

Sincere Gratitude

Interview

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UK

London School of Hygiene & Tropical Medicine

This research aims to improve understanding of the accessibility, acceptability and social aspects of using mobile-phone apps for depression or anxiety.

We are looking to speak with people who have mild or moderate depression or anxiety and who have used mobile apps as part of their self-care.

Mobile apps might be a major form of care for millions of people with depression or

Find out more online

Poster printed on 29/04/2024 Study expires on 17/08/2018

More info

by scanning the QR code
or visiting the URL

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