

# Call For Participants

## The Effect of Fasting on Mood



1 day(s) to complete

Sincere Gratitude

Online Questionnaire

Online

University of East London

Fasting has recently been an emerging field of interest for scientists, and many benefits have been linked to fasting, such as cellular repair resulting in an anti-ageing effect, cancer prevention, anti-inflammatory effects, increased brain functions, weight loss and many more.

Fasting has become quite a popular and "trendy" practice these days, a lot of athletes practice "intermittent fasting" to optimise their muscle gains and fasting is now perceived as a way to detoxify and

Find out more online

Poster printed on 28/04/2024    Study expires on 20/03/2017

## More info

by scanning the QR code  
or visiting the URL

# www.cfp.cc/4SZBD3

cfp.cc/4SZBD3

cfp.cc/4SZBD3

cfp.cc/4SZBD3

cfp.cc/4SZBD3

cfp.cc/4SZBD3

cfp.cc/4SZBD3

cfp.cc/4SZBD3

cfp.cc/4SZBD3

cfp.cc/4SZBD3

cfp.cc/4SZBD3

cfp.cc/4SZBD3

cfp.cc/4SZBD3

cfp.cc/4SZBD3