

Call For Participants



How does our awareness of our bodies affect the way we eat?

20 min(s) to complete

Prize draw for Amazon vouchers
(1 x £40 and 3 x £20 vouchers to
give away, or equivalent...

Online Questionnaire

Online

Royal Holloway University of London

Our study aims to investigate how awareness of our bodies affects the way we eat. This awareness is often referred to as interoception, which can include awareness of lots of types of sensations such as hunger, thirst, temperature, heart rate etc. Interoception may be related to problems with eating, such as anorexia, bulimia and binge eating disorder. You will be asked to complete six questionnaires to help us investigate this.

Find out more online

Poster printed on 29/04/2024 Study expires on 02/06/2020

More info

by scanning the QR code
or visiting the URL

www.cfp.cc/65PBW3

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