

# Call For Participants



Mental health help-seeking in  
second generation south asian  
men



60 min(s) to complete

Online Shopping voucher

Interview

Online

Lancaster University

This study aims to understand how men from second-generation South-Asian backgrounds view their mental health and how their background influences them in seeking help for mental health concerns. This study will explore how being a man influences help-seeking, in addition to how ethnic background influences this.

This study involves one 60-minute interview that will take place at a mutually convenient time over Microsoft Teams.

Find out more online

Poster printed on 15/05/2024    Study expires on 30/04/2024

## More info

by scanning the QR code  
or visiting the URL

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