

20 min(s) to complete

Sincere Gratitude

1) An online questionnaire 2) Repeated daily assessments for 7 days via a smartphone app

Online

Cairnmillar Institute

Past research has repeatedly demonstrated that attachment style (how an individual relates to others) is related to an individual's body image and eating behaviour. Research has also indicated that both body image and eating behaviours vary throughout the day. In order to better understand the relationships between attachment, body image, and eating behaviours in the natural environment, these constructs will be measured across the course of a normal week.

Find out more online

Poster printed on 04/05/2024 Study expires on 31/01/2019

More info

by scanning the QR code or visiting the URL

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