

Call For Participants



Coenzyme Q10 supplementation
and fatigue, mood and
cognitive performance

90 min(s) to complete

Sincere Gratitude

Experiment

Newcastle upon Tyne NE1 8PA,
UK

Northumbria University

Coenzyme Q10 (CoQ10) is an essential component in energy production in the body, particularly for cells in organs which need to use lots of energy such as those in the brain. This study will explore the effects of supplementation on subjective fatigue, mood and cognitive performance.

Find out more online

Poster printed on 30/04/2024 Study expires on 01/07/2018

More info
by scanning the QR code
or visiting the URL

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