

60 min(s) to complete

Sincere Gratitude

Online Questionnaire

Online

University of Manchester

The aim of this research is to investigate whether writing about any difficult or emotionally disturbing experience during quarantine/self-isolation due to the outbreak of COVID-19 will improve your mental well-being. We also intend to analyse the writing you provide and capture the common difficulties most people experience so we can use this data to advise people in need and potentially policy decisions. All of your response, including your writing, will be anonymised and will not be linked to

Find out more online

Poster printed on 25/04/2024 Study expires on 30/06/2020

More info

by scanning the QR code or visiting the URL

www.cfp.cc/96YVC3

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