

# Call For Participants



How women who have experienced Eating Disorders discuss Instagram and food

60 min(s) to complete

Sincere Gratitude

Interview

London, UK

Metanoia Institute

My research aims to explore how women who have experienced an Eating Disorder discuss Instagram and its connection to their relationship with food.

Research has established that higher Instagram use is associated with declines in mental and physical health, higher levels of 'drive for thinness', poor appearance related self-perception, higher body dissatisfaction and higher disordered eating.

Emily.stubbs@metanoia.ac.uk

Find out more online

Poster printed on 01/07/2025 Study expires on 30/11/2025

**More info**  
by scanning the QR code  
or visiting the URL

[www.cfp.cc/9G3XF3](http://www.cfp.cc/9G3XF3)

cfp.cc/9G3XF3

cfp.cc/9G3XF3

cfp.cc/9G3XF3

cfp.cc/9G3XF3

cfp.cc/9G3XF3

cfp.cc/9G3XF3

cfp.cc/9G3XF3

cfp.cc/9G3XF3

cfp.cc/9G3XF3

cfp.cc/9G3XF3

cfp.cc/9G3XF3

cfp.cc/9G3XF3

cfp.cc/9G3XF3