

Call For Participants



Validation of hypertonic saline
as an experimental model of
exercise-pain

5 week(s) to complete

£50

Experiment

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The ability to tolerate pain is proposed to be a determinant of success in endurance performance. Current methods of experimentally inducing pain are however limited in the replication of exercise-induced pain without influencing other physiological mechanisms. The intramuscular injection of hypertonic saline has been suggested to be a method which could closely represent exercise-induced pain. The aim of this study is to apply this method and investigate its effects on task performance.

Find out more online

Poster printed on 05/05/2024 Study expires on 31/01/2018

More info
by scanning the QR code
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