

2 hour(s) to complete

Gift of \$50 value

Experiment

Australia

University of Queensland

Therapeutic exercise is a mainstay of physiotherapy treatment for common spinal pain disorders such as low back pain, neck pain and whiplash. In recent years, however, we have identified a significant proportion of individuals with spinal pain conditions who demonstrate a worsening of symptoms following repeated physical activity. The aim of this study is to better understand the mechanisms driving persistent pain and the failure of therapeutic exercise in spinal pain.

Find out more online

Poster printed on 06/05/2024 Study expires on 19/09/2019

More info

by scanning the QR code or visiting the URL

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