

	King's College London					
30 min(s) to complete	Has the COVID-19 pandemic had an impa on your life? Are you adjusting to the curre circumstances and trying to maintain					
Sincere Gratitude	physical and mental wellbeing during these challenging times?					
Online Questionnaire	We are looking for adults living in the UK to understand whether a self-management booklet improves wellbeing during COVID-19.					

Online

Find out more online
Poster printed on 26/04/2024 Study expires on 31/01/2021

More info by scanning the QR code or visiting the URL

www.cfp.cc/EHSX93

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