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Interview

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What barriers prevent individuals from achieving healthy nutrition objectives and what practices (e.g. use of technology) help to overcome these barriers?

A study to explore the barriers of people meeting their nutrition goals, and their current and future use of mobile technology.

We are looking for people to share their experiences in meeting their nutrition goals, what prevents them doing so, and how and if technologies such as health and

Find out more online

Poster printed on 28/03/2024 Study expires on 30/06/2018

## More info

by scanning the QR code or visiting the URL

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