

Call For Participants



The effect of eccentric exercise
on knee extensor torque
fluctuations

4 week(s) to complete

Sincere Gratitude

Experiment

Medway Park, University of Kent
School of Sport and Exercise
Sciences, Mill Rd, Gillingham,...

University of Kent

Eccentric exercise often results in greater soreness and more prolonged functional impairment than isometric or concentric exercise. The aim of this study is compare the effects of eccentric and isometric exercise on fatigue and the torque fluctuations generated during subsequent isometric contractions.

We are looking for healthy participants to take part in 7 sessions spread over a 4-6 week period. Any help in this study would be sincerely appreciated.

Find out more online

Poster printed on 07/05/2024 Study expires on 01/04/2016

More info

by scanning the QR code
or visiting the URL

www.cfp.cc/F5PFG3

cfp.cc/F5PFG3

cfp.cc/F5PFG3

cfp.cc/F5PFG3

cfp.cc/F5PFG3

cfp.cc/F5PFG3

cfp.cc/F5PFG3

cfp.cc/F5PFG3

cfp.cc/F5PFG3

cfp.cc/F5PFG3

cfp.cc/F5PFG3

cfp.cc/F5PFG3

cfp.cc/F5PFG3

cfp.cc/F5PFG3