

Call For Participants



Exercise and bright light for mood and ADHD symptoms in people with ADHD

10 week(s) to complete

£200 Cash (paid via bank transfer)

Interview, intervention, questionnaires

16 De Crespigny Park,
Camberwell, London SE5 8AF, UK

King's College London

We are looking for people aged 14-45 with a diagnosis of ADHD to investigate whether physical exercise and bright light therapy improves mood, ADHD symptoms and general health in people with ADHD. It will involve intervention (either an exercise programme, bright light therapy or treatment as usual) and five visits to our centre in London for an assessment of mood, attention, fitness and health. You will receive a total of £200 paid in five installments after each attended assessment

Find out more online

Poster printed on 26/04/2024 Study expires on 20/03/2020

More info

by scanning the QR code
or visiting the URL

www.cfp.cc/FUUFE3

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