

Call For Participants



Assessing the relationship
between personality and
Insomnia

25 min(s) to complete

Sincere Gratitude

Online Questionnaire

Online

Sheffield Hallam University

Insomnia is influenced by a number of factors, and one of these includes personality. Whilst research has examined the relationship between personality traits and insomnia, definitive conclusions regarding this relationship have not been drawn. As such, this project aims to assess the relationship between insomnia symptoms and various aspects of personality. You will also be required to complete a series of published questionnaires, this should take approximately 25 minutes:

Find out more online

Poster printed on 03/05/2024 Study expires on 31/03/2018

More info

by scanning the QR code
or visiting the URL

www.cfp.cc /GEKPD3

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