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	University of Westminster						
10 min(s) to complete	This research is part of an MSc Health Psychology student research project. You						
Sincere Gratitude	are being invited to take part in a research study on the explorations of the mechanisms of Cognitive Dissonance (CD)						
	theory and the effects of those on the healthy dietary intake of males and females						
Online Questionnaire	individuals over 18 years old. The classical theory of cognitive dissonance (CD)						
Online	introduced by Festinger in 1957 and derives the dissonance which is a result of the discrepancies between what people think (i.e., beliefs						
	Find out more online						

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## More info by scanning the QR code or visiting the URL

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