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Sincere Gratitude

Interview

Online

Metanoia Institute

There is very little empirical research that can guide clinicians on therapeutic processes of working with regret, and even less research that focuses on therapeutic work with regret experienced towards end-of-life - a distinct phase that may be accompanied by a sense of limited time and urgency.

This study aims to address this, and it is hoped that the findings will assist psychological therapy practitioners in aiding individuals who might be grappling with this

Find out more online

Poster printed on 12/05/2024 Study expires on 15/06/2024

More info

by scanning the QR code or visiting the URL

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