

3 week(s) to complete

By participating in this study, yo will gain a free assessment of your fitness levels...

Experiment

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When exercise gets tough, athletes often state that they had to reduce the intensity they were working at due to the aching or burning sensation produced in the muscles. This is also known as exercise-induced pain. This study aims to find out whether the application of a weak and painless type of brain stimulation (called transcranial direct current stimulation (tDCS)) can increase tolerance to exercise induced pain, and subsequently improve cycling performance.

Find out more online

Poster printed on 03/05/2024 Study expires on 30/09/2019

More info

by scanning the QR code or visiting the URL

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