

Call For Participants

Food choice and liking



60 min(s) to complete



A free breakfast and lunch provided as part of the study as well as body composition data.



Experiment



Towers Way, Loughborough LE11 3TU, UK

Loughborough University

The purpose of the study is to investigate whether time of day and food type affects eating behaviour. You will be required to attend two sessions on separate days - 1 session will be at breakfast time (8am), the other at lunchtime (12pm). Both sessions will take 45-60 mins and will be located in the National Centre of Sport and Exercise Medicine building (NCSEM). At each session you will be provided a meal to consume. Before and after eating, you will be asked some questions about the food.

Find out more online

Poster printed on 23/01/2020 Study expires on 14/12/2018

More info

by scanning the QR code or visiting the URL

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