

# Call For Participants



Does prior exercise affect muscle volume after 7 d of leg immobilisation?

1 week(s) to complete

£150

Experiment

Exeter, UK

University of Exeter

A period of leg immobilisation such as might result from a sporting injury is associated with changes in skeletal muscle. This study will investigate what changes occur in response to 7 days of single leg immobilisation when preceded by a bout of leg exercise. Ultimately, we hope to discover new strategies to maintain muscle size and health during periods of immobilisation.

Find out more online

Poster printed on 29/03/2024 Study expires on 01/01/2020

## More info

by scanning the QR code  
or visiting the URL

# [www.cfp.cc/IJOYP3](http://www.cfp.cc/IJOYP3)

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