

Call For Participants



To investigate the relationship
between sleep, daily hassles
and anxiety

15 min(s) to complete

Sincere Gratitude

Online Questionnaire

Online

Northumbria University

I am currently recruiting participants to take part in an online study investigating the relationship between sleep, daily hassles and anxiety related symptoms.

You will be required to complete an online sleep diary and also a questionnaire about your daily hassles and uplifts and your feelings of anxiety.

I would appreciate it if you could complete this process every day for seven days.

Find out more online

Poster printed on 27/04/2024

Study expires on 06/01/2017

More info

by scanning the QR code
or visiting the URL

www.cfp.cc/ISKL13

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