

Call For Participants



Stigma and Self-Esteem Therapy Study



6 week(s) to complete

Travel expenses

Interview and Intervention study

London SE5, UK

King's College London

We are investigating a new talking therapy for young people who have experienced stigma, prejudice and/or discrimination and who are looking to improve their self esteem. The study would involve taking part in an interview and then 6 individual sessions designed to improve self esteem. You would also be asked to complete some questionnaires throughout the study. The talking therapy is based on Cognitive Behaviour Therapy (CBT) and compassion focused training.

Find out more online

Poster printed on 19/04/2024 Study expires on 31/12/2019

More info

by scanning the QR code
or visiting the URL

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