

6 month(s) to complete

Cash

Experiment

Newcastle upon Tyne, UK

## Northumbria University

We are the Brain, Performance and Nutrition Research Centre, a research department within Northumbria University located in Newcastle city centre. Our research is focussed on investigating how the things we eat affect how our brains work. We specialise in conducting trials looking at how particular components of the diet, such as the plant chemicals contained in berries or chocolate, fish oils or other novel ingredients impact our memory and ability to concentrate and also the way we feel.

Find out more online

Poster printed on 24/10/2025 Study expires on 31/12/2025

More info by scanning the QR code or visiting the URL

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