

Call For Participants



The impact of the COVID-19 lockdown on physical activity behaviours

10 min(s) to complete

Prize draw to win a Fitbit Versa 3

Online Questionnaire

Online

University of the West of Scotland

The aim of this study is to explore the physical activity levels of adults/older adults before and during the COVID-19 lockdown using data from Fitbit activity trackers.

Participation involves a 10-minute online survey and allowing us permission to remotely access Fitbit data (e.g. step counts, heart rate) for dates before and during the lockdown.

This study is part of the 'Anxiety, health Behaviour, and Cognition (ABC) During

Find out more online

Poster printed on 18/04/2024

Study expires on 05/11/2020

More info

by scanning the QR code
or visiting the URL

www.cfp.cc/M6VWJ3

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