

# Call For Participants



Using mobile technology to  
increase optimism and  
wellbeing in the workplace

10 min(s) to complete

Sincere Gratitude

Online Questionnaire

Online

University of Nottingham

Participants are needed for an exploratory study into the use of mobile technology and apps to increase optimism and wellbeing in the workplace. If you are employed and have an Android phone, you are being invited to take part in a short trial to test a new app, which only takes a couple of minutes each day for two weeks. If you have any other device, please complete the workplace wellbeing survey, which will be used to inform content in future versions of the app.

Find out more online

Poster printed on 03/05/2024 Study expires on 30/06/2018

## More info

by scanning the QR code  
or visiting the URL

# www.cfp.cc/MLTKM3

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