

# UFC



Developing a  
tool to identify and explore  
orthorexia nervosa.

20 min(s) to complete

Sincere Gratitude

Online Questionnaire

Online

Kingston University London

This project aims to develop a better understanding of underlying reasons behind restricted diets that people choose to follow to maximise own health. Restrictive diets in this study are defined as forms of eating behaviour where individuals consume food based on a self-defined set of rules that are not accounted for by observation of religious food-related rituals and medical intolerance. We are interested in learning what your reasons, motivation, and feelings are for what you choose to...

Find out more online

Poster printed on 28/04/2024 Study expires on 30/06/2018

**More info**  
by scanning the QR code  
or visiting the URL

[www.cfp.cc/MOQHT3](http://www.cfp.cc/MOQHT3)

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