

Call For Participants



Pre and probiotic dietary intervention study

6 week(s) to complete

£20 Amazon voucher and FREE gut microbiome analysis report (normally costs £295)

Experiment

Queen's Medical Centre, Derby Rd, Lenton, Nottingham NG7 2UH, UK

University of Nottingham

This proof-of-concept study aims to investigate the effects of symbiotic supplements on mental wellbeing and cognition in healthy adults. By exploring the molecular mechanisms linking nutrition, gut microbiome health, and cognitive outcomes, the study hopes to provide valuable insights into how dietary interventions can support mental and cognitive health.

Find out more online

Poster printed on 01/07/2025

More info

by scanning the QR code
or visiting the URL

www.cfp.cc/N0V7A3

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