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Deakin University

A STUDY TO IMPROVE YOUR MEMORY AND ABILITY TO IMAGINE YOUR **FUTURE:**

In this study we are examining how a training program helps to improve your ability to recall past events and imagine future events. We will also assess the effects on other psychological processes such as regulating emotion. The findings might help us to understand more about how people think about their past and future, and ultimately to better treat mental health disorders.

Find out more online

Study expires on 23/08/2020 Poster printed on 06/05/2024

More info

by scanning the QR code or visiting the URL

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