

Call For Participants



'I wish I hadn't done that' -
Experiences of Guilt and
Regret

30 min(s) to complete

Prize draw £20 per fifty
participants.

Online Questionnaire

Online

Newcastle University

Fear, anxiety, sadness, anger, disgust and shame have all received significant attention in trying to understand and develop treatments for a range of mental health problems. Guilt has been considered to some extent although findings have been inconsistent but regret has received little attention. This project is investigating the relationship between guilt and regret and various types of anxiety.

Find out more online

Poster printed on 26/04/2024

Study expires on 22/02/2021

More info

by scanning the QR code
or visiting the URL

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