

Call For Participants



Melatonin for insomnia in Parkinson's Disease

14 week(s) to complete

Sincere Gratitude

Clinical trial

Online

University of Queensland

This study aims to find out whether melatonin can help people with Parkinson's Disease to get better sleep.

Sleep problems often cause major discomfort in Parkinson's Disease. The person's health and quality of life is affected, and so are their family members', especially if they are also carers.

Melatonin is a hormone which regulates the sleep-wake cycle, by promoting the desire to sleep at night. You will find out if melatonin works for you.

Find out more online

Poster printed on 26/04/2024 Study expires on 30/06/2020

More info

by scanning the QR code
or visiting the URL

www.cfp.cc/P16QG3

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