

Call For Participants



Positive thinking approaches
to managing anxiety

30 min(s) to complete

Online Shopping voucher- prize
draw of a 60 pounds Amazon
voucher

Online Questionnaire

Online

University of Sheffield

Hi I'm currently conducting a Positive Psychology intervention study for my dissertation project. This study is open to UK university students who have been feeling anxious and wish to participate in an intervention that could potentially help with their anxiety. If you agree to participate, you will be asked to engage in a positive thinking exercise resulting in some positive statements which you will be asked to put into practice for the next 1-month.

Find out more online

Poster printed on 29/03/2024 Study expires on 17/06/2020

More info

by scanning the QR code
or visiting the URL

www.cfp.cc/PC9BQ3

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