

Call For Participants



Measuring self-regulatory fatigue

10 min(s) to complete

Sincere Gratitude

Online Questionnaire

Online

University of Strathclyde

Self-regulation is required to resist doing tempting things that may disrupt goal pursuit such as watching another episode of your favourite TV show when an assignment is due or impulsively buying things when saving money for a holiday. Self-regulation can be mentally demanding and can affect performance on later tasks. The aim of this study is to investigate the validity and reliability of a questionnaire which measures self-regulation.

Find out more online

Poster printed on 02/05/2024 Study expires on 31/10/2018

More info

by scanning the QR code
or visiting the URL

www.cfp.cc/PLRXI3

cfp.cc/PLRXI3

cfp.cc/PLRXI3

cfp.cc/PLRXI3

cfp.cc/PLRXI3

cfp.cc/PLRXI3

cfp.cc/PLRXI3

cfp.cc/PLRXI3

cfp.cc/PLRXI3

cfp.cc/PLRXI3

cfp.cc/PLRXI3

cfp.cc/PLRXI3

cfp.cc/PLRXI3

cfp.cc/PLRXI3