

Call For Participants



Self-compassion & self-efficacy
as moderators between
trauma & well-being.

10 min(s) to complete

Sincere Gratitude

Online Questionnaire

Online

Nottingham Trent University

This study seeks to investigate the role of self-compassion and self-efficacy in the relationship between traumatic experiences and mental well-being. To achieve this, the survey questions assess levels of self-compassion and self-efficacy, the impact of traumatic experiences, and overall mental well-being. This research will offer valuable insights into how self-compassion and self-efficacy shape individuals' mental well-being after a traumatic incident.

Find out more online

Poster printed on 30/04/2025

Study expires on 30/04/2025

More info

by scanning the QR code
or visiting the URL

www.cfp.cc/PRBT63

[cfp.cc/PRBT63](http://www.cfp.cc/PRBT63)

[cfp.cc/PRBT63](http://www.cfp.cc/PRBT63)

[cfp.cc/PRBT63](http://www.cfp.cc/PRBT63)

[cfp.cc/PRBT63](http://www.cfp.cc/PRBT63)

[cfp.cc/PRBT63](http://www.cfp.cc/PRBT63)

[cfp.cc/PRBT63](http://www.cfp.cc/PRBT63)

[cfp.cc/PRBT63](http://www.cfp.cc/PRBT63)

[cfp.cc/PRBT63](http://www.cfp.cc/PRBT63)

[cfp.cc/PRBT63](http://www.cfp.cc/PRBT63)

[cfp.cc/PRBT63](http://www.cfp.cc/PRBT63)

[cfp.cc/PRBT63](http://www.cfp.cc/PRBT63)

[cfp.cc/PRBT63](http://www.cfp.cc/PRBT63)

[cfp.cc/PRBT63](http://www.cfp.cc/PRBT63)