

Call For Participants



Lifestyle behaviours in remote
and hybrid workers

1 hour(s) to complete

Sincere Gratitude

Interview

Online

Loughborough University

The aim of this study is to investigate the impact of hybrid/dynamic working on a range of health-related behaviours, particularly physical activity and diet.

Find out more online

Poster printed on 01/07/2025 Study expires on 30/07/2025

More info

by scanning the QR code
or visiting the URL

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