

Call For Participants



Exploring the impact of daily hassles and stressors on snacking behaviours

20 min(s) to complete

Sincere Gratitude

Online Questionnaire

Online

University of Leeds

This study is exploring how our emotions are linked to our eating behaviours, and here, the focus is on snacking behaviours. Our team is investigating whether stress affects the types of foods you consume. A lot of research has already identified that stress in adults can lead to changes in their eating behaviours, but much less research has explored how stress affects the eating of both children and young adults. This is why we feel it is important to conduct this research.

Find out more online

Poster printed on 29/04/2024 Study expires on 11/06/2018

More info

by scanning the QR code
or visiting the URL

www.cfp.cc/R7TMC3

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