

# Call For Participants



Ever wondered how your childhood experiences shaped who you are today?

20 min(s) to complete

Prize draw to win one of two £50 Amazon vouchers

Online Questionnaire

Online

Royal Holloway University of London

Help us find out by completing an online survey answering questions about your childhood and mental health.

While we know that childhood is one of many things that can play a role in mental health, we're still learning how it all fits together. Schema Therapy suggests schema modes - specific ways we think, feel and cope - could be a crucial part of the puzzle. We want to find out how schema modes are linked to childhood experiences and impact mental health later in life.

Find out more online

Poster printed on 25/10/2025 Study expires on 27/02/2026

## More info

by scanning the QR code  
or visiting the URL

# [www.cfp.cc/SGV713](http://www.cfp.cc/SGV713)

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