



Design of a diet and exercise program for cardiac rehabilitation

Liverpool John Moores University

Clinical trials can take a lot of time and money therefore, it is very important they are well planned and done well to answer the research question. We would like people who have been to cardiac rehab, or been referred, to give their honest opinion on the research design of a high protein Mediterranean diet and resistance exercise protocol for cardiac rehab patients. There will also be questions about you and your thoughts on food and health.

Online

Find out more online Poster printed on 18/04/2024 Study expires on 31/08/2020

More info by scanning the QR code or visiting the URL

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