

Call For Participants



Learning to Eat Intuitively with a Smart Phone App

12 week(s) to complete

1 in 20 chance to win a \$200
Amazon Gift card

Online Questionnaire, Interview
and use of Mobile Health
Application

Online

California State University Dominguez Hills

Participants are needed for an Intuitive
Eating Smart Phone App Research Study
Volunteers are needed to test a method of
teaching mindful eating, using a Smart
Phone App

email me to find out if you're eligible to take
part in this 12-week study taking 3 – 10
minutes a week after beginning with an
interview and several short questionnaires.
After the initial interview you will be using
the app to learn how to eat based on
internal cues of hunger and fullness.

Find out more online

Poster printed on 03/05/2024 Study expires on 31/07/2019

More info

by scanning the QR code
or visiting the URL

www.cfp.cc/T0SMS3

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